



INFANT FEEDING AND CARE PLAN

CHILD'S NAME _____ DATE _____

BIRTHDATE _____ AGE _____

Does your child take a bottle? Yes _____ No _____
 Is the bottle warmed? Yes _____ No _____
 Does the child hold the bottle? Yes _____ No _____

Does your child eat: (Check and indicate amount)

Strained Foods Yes _____ No _____ _____
 Table Food Yes _____ No _____ _____
 Formula Yes _____ No _____ _____
 Whole Milk Yes _____ No _____ _____
 Other Yes _____ No _____ _____

Food Likes _____

Food Dislikes _____

Allergies _____

List name of formula used _____

Do you want your child's leftover formula used or discarded? _____

List any formulas NOT to be used in an emergency _____

CHILD'S BREAKFAST _____
(approx. time) (type and approx. amount of food)

LUNCH _____
(approx. time) (type and approx. amount of food)

BOTTLES _____
(approx. time) (type and approx. amount of food)

NAP INSTRUCTIONS

Does your child use a pacifier? Yes ___ No ___

When? _____

Time of morning nap _____

Time of afternoon nap _____

Do you use powder when changing your child. Yes ___ No ___

Do you use any creams or gels when changing your child? Yes ___ No ___

If yes, please list _____

Please bring any items listed about to be kept in your child's basket.

Comments: _____

Parent's signature _____

NOTE! IT IS THE PARENT'S RESPONSIBILITY TO UP-DATE THIS FORM EACH TIME CHANGES TAKE PLACE. PLEASE DO NOT LEAVE ANY LINES BLANK.